Physiotherapy plays a vital role in healing, rehabilitation and pain relief following bone, muscle, nerve, ligament and joint injuries. Sally treats injury and disease by correcting and improving the body’s own natural healing mechanism without the use of medication.

Imperial College Sports Centre (Ethos),
7 Prince’s Gardens, London SW7 2AZ

To book an appointment contact Sally Waters
Tel 07747056761 or email: sally.waters@hotmail.co.uk
(www.physio-london.com)
“I have been providing physiotherapy at Imperial College since 1992, treating staff, students and local residents. I lecture in College on work station assessments, manual handling and back care.” My aim is to relieve symptoms and restore normal movement and function with a special emphasis on prevention.”

Sally specialises in musculo-skeletal conditions and treats a wide variety of sports/traumatic injuries, work related disorders and chronic problems including back and neck pain.

Treatments are evidence-based, firmly rooted in the scientific approach of modern medicine and backed up by comprehensive research.

- Back and neck pain
- Sciatica and headaches
- Sports Injuries
- Work related upper limb disorders
- Joint pain and swelling
- Sprains and strains
- Post fracture/dislocation and post surgery

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